

Health Promotion in Finland

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The Finnish HPH network

Cooperation between HPH networks in the Baltic Sea region - seminar
8th– 9th October 2020, Helsinki, Finland

- Health promotion in Finland is based on the Health Care Act and is part of public health activity. Health promotion is also regulated by legislation concerning infectious diseases, tobacco control and alcohol:
 - Health Care Act 1326/2010
 - Occupational Safety and Health Act 738/2002
 - Alcohol Act 1102/2017
 - Social Welfare Act 1301/2014
 - Tobacco Act 549/2016
 - Communicable Diseases Act 1227/2016
- According to the Local Government Act of 1995 municipalities are mandated to promote the welfare and sustainable development of their inhabitants. Municipalities are also responsible for taking health into account in all their activities and decision-making.

(Ministry of Social Affairs and Health, Finland)

Cooperation is the key

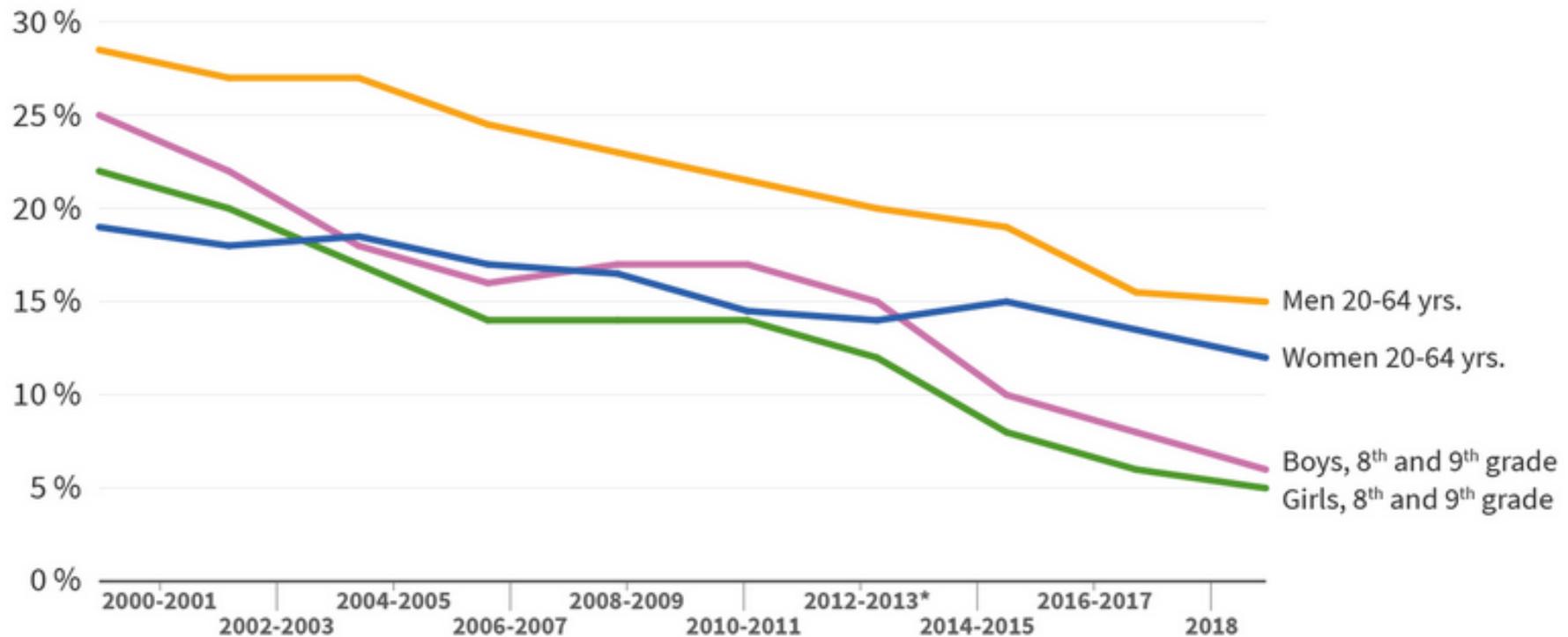
Not any health promotion actor alone can ensure the wellbeing and health of Finnish people.

For a successful cooperation we need:

- knowledge about our own ways to affect health
- information about health-promoting practices
- structures that enable cooperation and multidisciplinary discussion
- examples of ways to act
- common knowledge base about the health and wellbeing of the population
- agreed strategic aims to enable everyone to speak with a common voice

Positive results of cooperation: amount of Finns smoking daily has reduced by half in the 2000s

Daily smoking in Finland



thl



www.thl.fi/tobacco

Proportions of adults are two-year averages.

* After years 2010-2011, the youth data are from years 2013, 2015, 2017, 2019. Youth on grades 8.-9. are on average 14-16-year-olds.

Source: Finnish Institute for Health and Welfare (THL) 2020

Health Promoting Hospitals and Organizations (STESO), Finland

- Member of international HPH network since 2001
- 23 member health- and socialcare organizations and hospital districts
- Cooperation partners: municipalities, universities of applied sciences, healthcare centers and associations
- STESO offers its members support and good practices from a health-promoting perspective to incorporate into the organization's operating culture
- Activities: network meetings and training events, international cooperation projects/activities, development of working tools/ instructions available to members, and sharing of best practices

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Objective: to enhance cooperation between the Baltic Sea region HPH-members and to share best practices for health promoting hospitals and health services

Participants: Health care development specialists, health promotion experts and managers of health

Let's make this an active and innovative seminar 

